

## Troon Community Primary & Nursery School PE Curriculum Statement



**“Intelligence and skills can only function at the peak of their capacity when the body is healthy and strong.” – John F Kennedy**



### **Intent**

At Troon Community Primary School, we aim to provide a fun, high quality PE curriculum from Reception to year 6 that inspires children to succeed in competitive sports and physically demanding activities. We provide experiences in a range of activities, developing their health, fitness and wellbeing. Our intention is to develop knowledge, skills and vocabulary as well as developing our school values and transferrable life skills such as fairness and respect. We aim to teach children to cope with success and failure in all types of physical activities and sports allowing each child to fulfil their potential and *to be the best we can*.

### **Implementation**

Children at Troon have access to 2 hours of high-quality PE lessons a week taken by their class teacher and assigned HLTA. The children have opportunities to practice and build upon previous skills, allowing them time to master and embed them. We follow the guidelines set by the National Curriculum and ensure we offer a range of PE and physical activities that allow each child to feel challenged and offer opportunities to progress further. Year 5 receive weekly swimming lessons for one term of the year, with a catch-up programme for children in year 6. Our curriculum is enhanced through the participation in sporting festivals and tournaments organised through the Rainbow MAT and links with CSIA. We provide opportunities for all children to engage in extra-curricular activities after school and organised playtime activities, which endeavours to encourage not only physical development but also wellbeing for all pupils.

Throughout the year the children will be taught a range of PE skills for:

- Dance
- Gymnastics

- Games
- Athletics
- Outdoor Adventurous Activities
- Swimming (year 5)

Each strand of PE has a clear progression that is built upon year on year.

### **Impact**

We help to motivate children to participate in a variety of sports and competitions through fun, engaging and active PE and Physical Activities. From our lessons the children learn to take responsibility for their health and fitness, many of whom who enjoy the success of competitive sport. We equip the children with necessary skills that are transferred across the curriculum and promote a love for sport! We hope for our children to grow up to live a happy and healthy lifestyle utilising these skills and knowledge acquired through PE.

