

Key Vocabulary

Exercise, sports, healthy, fit, heart, sweat, clean, soap, ears, eyes, nose, mouth, arms, legs, head, skull, stomach, heart, fingers, toes, feet, hands, plant, root, stem, leaves, seed, flower, tree, branches, trunk, deciduous, evergreen.



Resources to help me with my learning!

Sing along to 'wash your hands with Baby Shark'.

<https://www.youtube.com/watch?v=L89nN03pBzI>

What will I know by the end of this unit?

- We have 5 senses which are sight, hearing, touch, taste and smell.
- Which body parts which link to our senses.
- I know that eating different fruits and vegetables helps my body keep healthy.
- I know how to wash my hands with soap and water on my own.
- I know that I need to brush my teeth twice everyday.
- I know that to keep my body clean I need to have a bath or shower and wash regularly.
- I know that exercise keeps me healthy.
- I know a plant needs water, sunlight and nutrients to survive.
- I know that we can look after the living things around us.

