

Friday 12th March 2021 Newsletter

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Dates for your Diary



2nd -16th April ~ Easter Holidays

31st May - 4th June ~ Half Term

21st July ~ Last day of Term

22nd & 23rd July ~ Inset Days



Dear parents/carers,

Well here we are at the end of our first week back at school- and what a wonderful week we've all had. We started the week with a whole school assembly via Teams and we shared the inspirational story of Sir Captain Tom Morre's life. Both staff and children found words spoken by Sir Captain Tom comforting as we began our first week back together.

'The first step is always the hardest, but unless you take the first step, you'll never finish.'

Children were reminded that ***'You can do and be anything you want.'*** and that ***'Every day can be an adventure!'***

We discussed friends and family that we haven't seen for a long time and reminded ourselves that

'We'll meet again some sunny day.'

We also reminded ourselves that even when the sky seems full of dark grey clouds

'The sun will shine again.' and that ***'At the end of the storm, there is a golden sky.'***

It has been absolutely wonderful to have our pupils back in school and hear the sounds of fun and laughter coming from the classrooms and playgrounds. We have spent the week focusing on supporting our children back into school and developing relationships and routines. We have all studied the book by Oliver Jeffers 'What we'll build' and thought about our futures and how we can work together to build new things. Once again our children have blown us away with their resilience and ability to slot back into school life. We are all very proud of each and everyone of our children. Thank you also parents and carers for all the support you have given your children in ensuring they were well prepared and ready to return to school. It is very noticeable!

Please remember if you ever have any worries or concerns (or just want to chat to someone about your child's needs) please do get in touch. Our Family Support Worker Miss Buckland is available every morning and you can either make an appointment when you see her on the playground each morning or call the school office to make an appointment. Mrs Johns our school SENDco (Special Educational Needs Coordinator) can also be contacted at sjohns@rainbowacademy.org.uk if you wish to talk to her.

We are all very much looking forward to a super term ahead with lots of exciting learning opportunities!

Best Wishes

Mrs Wilkins

What have we been up to?

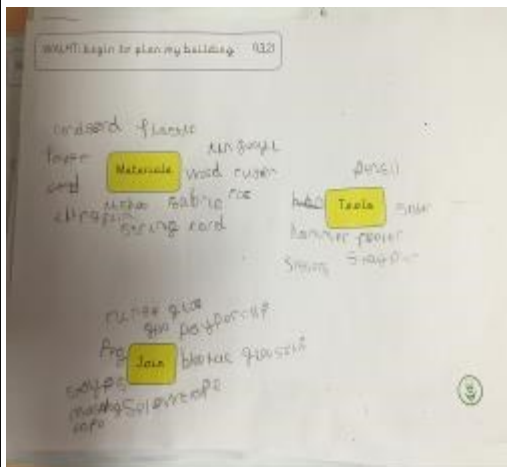
EYFS

In the Early Years Foundation Stage we have been exploring the play tools, talking about how they are used and what they are used for. We have also been designing and building our own models using a range of construction including duplo, lego and the wooden building bricks.



Year 1 - Willow Class

What a great first week back! Willow class have been learning about shelters and homes. Linking this to our topic, The Great Fire of London, the children have started to plan and explore their own houses which we will be building later in the week. We had great fun exploring structures outside and testing different materials. The children have taken inspiration from the story 'What We'll build' written by Oliver Jeffers which we have been reading in class. We are all very excited to see how our homes and houses will turn out!



Year 2 - Beech Class

In Beech Class, we have based this week's learning on the book 'What we'll build-plans for our future together' by Oliver Jeffers.

We've been testing our resilience and teamwork building dens.

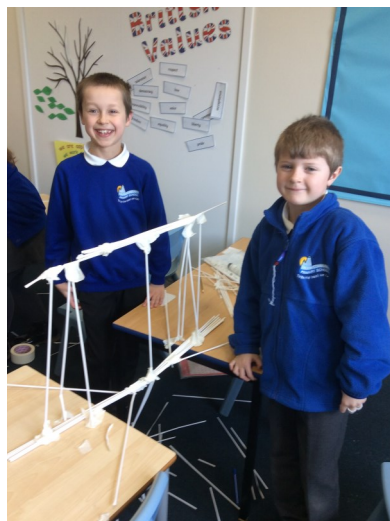


We've been designing, planning and learning how to use tools safely to build percussion instruments for an outside music fence.



Year 3 - Hazel

Hazel class have had a wonderful week back. We have enjoyed playing with our amazing new mud kitchen at break and lunch times. We have had a focus on our feelings, friendships and future dreams this week and have used the book *What We'll Build* by Oliver Jeffers. We are creating a magical village using found objects. Look out for pictures when it is complete.



Year 4/5 - Oak Class

In Oak class we have been building clay worry boxes that we can bring home to use. The children rolled slabs of clay and measured out the sides to create their boxes and used slip and different tools to join the slabs together. The children also thought about the different things that people can build and then used their ideas to create posters titled 'How to Build Friendships'.



Year 5/6 - Holly Class

It has been great to be back together this week! The sun shone for us and we had lots of fun playing team games using our teamwork and communication skills. We have been reading a mysterious picture book story this week (the title is yet to be revealed!) and linked to the story we have been busy designing and building our own bird houses to put up around the school grounds. I am very impressed with everyone's woodwork skills, teamwork, and perseverance when sawing!



The Mental Health Support Team invites you to register your interest in ...

SPACE - Supporting Parents and Children Emotionally

SPACE is a new **free** programme for **any parent** who wants to better understand and support their children's emotions, as well as their own. This 5 session programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Managing different emotions
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

SPACE will run as a small supportive group of 6 – 8 participants and will be facilitated by Education Mental Health Practitioners Lora and Roma

Where : Online using Microsoft Teams	
Intro Call	Morning of Tuesday 16 th March
Session 1	Tuesday 23 rd March 10:00 - 11.30am
Session 2	Tuesday 30 th March 10:00 - 11.30am
Session 3	Tuesday 20 th April 10:00 - 11.30am
Session 4	Tuesday 27 th April 10:00 - 11.30am
Session 5	Tuesday 4 th May 10:00 - 11.30am

To register your interest or ask any questions please contact cft.mhstadmin@nhs.net with SPACE as your subject heading and giving your name and telephone number.

If you would like to attend the course but cannot make these dates or times please email giving us your preferred times. We will endeavour to include you in future deliveries.

All are welcome!

Commitment to all 5 sessions of the programme is expected.