

Year 1 Autumn Term - Do all Superheroes wear capes?

### What should I already know?

- Can name the five senses.
- Explain what the five senses are.
- Identify what a plant needs to survive.
- Understands the need to respect and care for the natural environment and all living things.
- Understands that there are four seasons and the changes which happen during these.

### Key Vocabulary

Exercise, sports, healthy, fit, heart, sweat, clean, soap, ears, eyes, nose, mouth, arms, legs, head, skull, stomach, heart, fingers, toes, feet, hands, plant, root, stem, leaves, seed, flower, tree, branches, trunk, deciduous, evergreen.

### Resources to help me with my learning!

Visit: <https://www.youtube.com/watch?v=tzqx39K2omc>  
And learn Jack Hartmann's 5 Senses Song!

### What will I know by the end of this unit?

- We have 5 senses which are sight, hearing, touch, taste and smell.
- Which body parts which link to our senses.
- By having a good diet and exercising regularly I will be taking care of my body.
- How to keep my body clean and healthy.
- That a plant is a living thing that grows in one place such as an oak tree.
- The root of a plant fixes it into the ground.
- The leaves and flowers grow from the stem.
- A deciduous tree sheds its leaves during Autumn.
- An evergreen tree keeps its leaves all year round.

