

WEEK 3 <small>W/C: 22/03 26/04 17/05 14/06 05/07</small>		DAILY FAVES...	
MONDAY	HOT SPECIALS...		PICK A PUD!
	<b>Chinese Veggie Noodles</b> ✓ Egg noodles with stir fried vegetables ..... <b>Cheese and Tomato Pizza with Dough Balls</b> ✓ Cheesy tomato topped pizza slice	<b>Jacket Potato</b> ✓ with a choice of fillings ..... <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>SIDES...</b> Sweetcorn and Broccoli  Raspberry Yoghurt Cake
	<b>Sausage and Mash with Gravy</b> Traditional pork sausage and mash with rich gravy ..... <b>Veggie Sausage and Mash with Gravy</b> Fluffy mash with veggie sausages and rich gravy	<b>Jacket Potato</b> ✓ with a choice of fillings ..... <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Peas and Carrots</b>  Peach Shortbread Pudding with Custard
	<b>Prime Roast Beef with Roast Potatoes &amp; Gravy</b> Prime roast beef with fluffy roasties and tasty gravy ..... <b>Meat-free Roast with Roast Potatoes and Gravy</b> ✓ Delicious Quorn roast with fluffy roasties and tasty gravy	<b>Jacket Potato</b> ✓ with a choice of fillings ..... <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Carrots and Green Beans</b>  Flapjack with Fresh Cut Fruit Slices
	<b>Pasta Bolognese</b> A classic Italian beef bolognese in a yummy tomato and beef sauce ..... <b>Mild Chickpea &amp; Potato Curry with Rice</b> ✓ A tasty chickpea and potato masala	<b>Jacket Potato</b> ✓ with a choice of fillings ..... <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Sweetcorn and Broccoli</b>  Chocolate Apricot Brownie
FRIDAY	<b>Golden Fish Fingers and Chips</b> A delicious homemade beany burger and scrummy chips ..... <b>Beany Burger with Chips</b> ✓ A delicious homemade beany burger and scrummy chips	<b>Jacket Potato</b> ✓ with a choice of fillings ..... <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Baked Beans and Peas</b>  Vanilla Ice Cream



**Food Super Heroes Menu**

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children


**THREE WEEK MENU**  
SPRING/SUMMER 2021

Chartwells



MONDAY


## HOT SPECIALS...

**Cheese and Tomato Pizza with Dough Balls**    
Cheesy tomato topped pizza slice

.....  
**Burrito**   
A soft wrap filled with lightly spiced veggies and rice

TUESDAY

**Cottage Pie**  
Home cooked minced beef and onions with crispy potato topping

.....  
**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

.....  
**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**   
A chunky sweet potato and chickpea roast

THURSDAY

**Bacon All Day Breakfast with Potato Wedges**  
A yummy all day breakfast with bacon and potato wedges

.....  
**Hotdog with Potato Wedges**   
Our favourite veggie hotdog served in a soft sub roll



FRIDAY


**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips



.....  
**Meat-free Nuggets and Chips**   
Crispy Quorn nuggets with their fave sauce - ketchup

## DAILY FAVES...



**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta


**Jacket Potato**   
with a choice of fillings including salmon mayo

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta



**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 1

W/C: 08/03 29/03 03/05  
24/05 21/06 12/07

## SIDES...

**Green Beans and Sweetcorn**

**Peas and Broccoli**

**Carrots and Cabbage**

**Baked Beans and Sweetcorn**


**Sweetcorn and Peas**

## PICK A PUD!

**Brownie**

**Oatie Cookie with Fresh Cut Fruit Slices**

**Vanilla Ice Cream**


**Apple and Berry Crumble** 

**Orange Shortbread**


MONDAY

## HOT SPECIALS...


Cheesy tomato topped pizza slice


.....  
**Quorn Bolognese**   
Penne pasta in a yummy tomato and Quorn sauce

**Chicken Tikka Masala with Rice**   
Succulent chicken in a mild creamy sauce

.....  
**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce


**Roast Gammon with Roast Potatoes & Gravy**  
Tender roast gammon with fluffy roasties and tasty gravy

.....  
**Country Vegetable Pie with Roast Potatoes and Gravy**   
Creamy vegetable pie with a shortcrust topper

**Lasagne with a Garlic & Herb Bread Wedge**   
A classic Italian beef lasagne in a yummy tomato sauce

.....  
**Vege Balls in Tomato Sauce with Pasta**    
Vege balls in a tomato sauce with pasta

**Southern Fried Chicken Tasters with Chips**  
Lightly seasoned crispy chicken strips and scrummy chips

.....  
**Meat-free Taco and Chips**   
A soft taco shell filled with a yummy veggie tomato chilli

TUESDAY



WEDNESDAY

THURSDAY



FRIDAY

## DAILY FAVES...



**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta



**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta



**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

.....  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 2

W/C: 15/03 19/04 10/05  
07/06 28/06 19/07

## SIDES...

**Sweetcorn and Broccoli & Cauliflower**

**Green Beans and Sweetcorn**

**Cabbage and Carrots**

**Sweetcorn and Broccoli**

**Peas and Baked Beans**

## PICK A PUD!

**Creamy Peach Rice Pudding**

**Raspberry Ripple Cake**

**Strawberry Ice Cream**

**Chocolate Cake**

**Oatie Biscuit with Fresh Cut Fruit Slices** 

Water, salad,  
freshly baked bread,  
yoghurt & fresh fruit

Available  
every day!

 Vegetarian  Oily fish  
 Wholegrain  Fruity!

