

Multiple Intelligences	SUPERHUMANS BLOOM'S PROJECT					
	1 mark	2 marks	3 marks	4 marks	5 marks	6 marks
	Knowing	Understanding	Applying	Analysing	Creating	Evaluating
Verbal I enjoy reading, writing & speaking	Make an A-Z list of body parts.	List and define five different major components of a healthy lifestyle Eg. sleep.	Write a letter to your friend encouraging them to walk or cycle to school and explain why	Research a person who leads a healthy lifestyle and explain what their life is like	Become a news reporter and report on a recent sporting event	Ask someone to read your newspaper report and give you 2 stars and a wish. Use these comments to then improve your work.
Mathematical I enjoy working with numbers & science	Conduct a survey about how many times a week people exercise. Present this in a bar chart.	Make up some word problems about healthy foods. Then solve them.	Keep a food diary for a week. Group the proteins, carbohydrates and dairy products. What did you have more of?	Measure the height, arm span, foot length and head circumference of your family and record the results in a table.	Create a bar chart or scatter diagram which focusses on one or two of the measurements you have taken.	Looking at your bar chart or scatter diagram write three things it shows you.
Visual I enjoy painting, drawing & visualizing	Draw and label a diagram to show the digestive system.	Create a poster showing people how to eat healthily.	Create a detailed still life sketch of some healthy food. Include different sketching techniques.	Find 3 different artists who have created a self-portrait and say which one you like best and why.	Create your own self-portrait mimicking the style of an artist you have researched.	Evaluate your self-portrait and give yourself 2 stars and a wish.
Kinaesthetic I enjoy doing hands-on activities	Make a list of all the sports you have tried in your lifetime.	Create a sculpture of yourself doing a favourite sport.	Conduct an experiment to show the digestive system works. You could use some bread, banana, water (saliva) plastic bag, coke (stomach acid) a pair of tights and an old tea towel. (3 points)	Try a new sport and analyse how you got on. This could be pictures with captions or a piece of writing explaining what you did.	Try some cookery! Have a go at making your own soup (you will need a grown up to help you). Here is a good web link to start you off, or you may want to look through some cookery book. http://www.get-your-kids-cooking.com/easy-soup-recipes.html	Ask your family to evaluate your soup and give you 2 stars and a wish.
Musical I enjoy making & listening to music	Find a piece of music you think would be good for an exercise class.	Make up a song/rap about the digestive system.	Using the music from the knowing section, create an exercise routine to share with the class (or your family).	Listen to the song 'Dem Bones.' Can you change the song so that includes more scientific words for the bones in the body? https://www.youtube.com/watch?v=cLi55MVO4a8	Create a jingle to promote healthy living, good nutrition and exercise. Record yourself to show to the class or perform to the class live.	Ask a friend or family member to evaluate your jingle.

